



ST. CLAIR CATHOLIC
DISTRICT SCHOOL BOARD



Lambton Kent
District School Board
Student Achievement ✓ *Community Success*

JOINT MEDIA RELEASE
FOR IMMEDIATE RELEASE:
Monday, January 6, 2013

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School Boards Caution Parents as Environment Canada Forecasts Extreme Cold Temperatures for Tuesday

Environment Canada is forecasting temperatures to fall to -25°C and to persist for the next two days with extreme wind chills from -35 to -40 tonight and Tuesday morning.

If there is not a significant accumulation of snow overnight and if buses are running tomorrow morning, schools are expected to be open. However, with extreme cold temperatures expected to persist for the next two days, parents may decide to keep children at home. For those who do attend, and especially those who may be walking to school, parents are urged to dress children warmly – ensuring all skin is covered – if they will be walking to school. Please note that all elementary students' breaks will be supervised indoors on Tuesday.

Parents are asked to go to www.st-clair.net and www.lkdsb.net and to listen to local radio reports on Tuesday morning for updates.

The following are cautions and tips from our regional health units for those who will be going outside or sending children outside in these cold temperatures: Over-exposure to cold may lead to complications such as **frostbite**, particularly in the extremities (finger and toes) or any exposed skin, which may turn red, blue or a gray/white. Individuals may also experience pain, numbness and stiffness. If you suspect frostbite, warm the affected area by placing it next to warmer skin or immerse in warm, but not hot, water. Do not rub the affected area. The re-warming process may take up to 60 minutes. Seek emergency medical treatment for cases of severe, blistering frostbite.

Hypothermia occurs when body temperature drops below 35°C, affecting the ability to think clearly and move well. Anyone found with these symptoms requires immediate emergency medical treatment. If you suspect hypothermia, call 911.

All parents are urged to read the weather advisories issued by local health units and use discretion with regard to travel to and from school tomorrow.

Lambton Public Health – a <http://www.lambtonhealth.on.ca/News-Releases/1000>